

# Media Release

For Immediate Release – October 2, 2017



## Carea Community Health Centre's Main Sites (Oshawa and Ajax) Now Serving All Ages!

### (Durham Region)

Carea Community Health Centre (Carea CHC) is pleased to officially announce the achievement of another milestone in realizing their vision. The approved Integration Plan delivery envisioned services throughout Carea CHC's expanded catchment that are responsive to the community health needs and provide seamless access to a full continuum of high quality health services for the community. As such, Carea CHC is committed to ensure that our core services are accessible to our community members, regardless of age or other demographic.

In action, this means that all service delivery offerings, including primary care, counselling, health promotion and community development will be available at, or from, all main sites in Ajax and Oshawa, and our future site in Pickering. This means more individuals will be able to access a broader range of services supporting the CHC Model of Health and Wellbeing, currently provided by Carea CHC. Existing service offerings to youth and young adults will not be reduced, but will in fact be expanded through new initiatives such as our Child and Youth Mental Health Program and Community School Hubs.

Carea Community Health Centre is a non-profit charitable organization providing a variety of free, community programs and services including: health promotion and wellness programs; primary care, counselling and mental health; diabetes education; Hepatitis C screening, treatment support, education and outreach; geriatric assessment & intervention; young parent support, youth programs, Aboriginal programs and community development programs. For more information regarding Carea Community Health Centre, please go online to [www.careachc.ca](http://www.careachc.ca) or visit the Carea [Facebook](#) page for current programs and services.

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